

## ABOUT

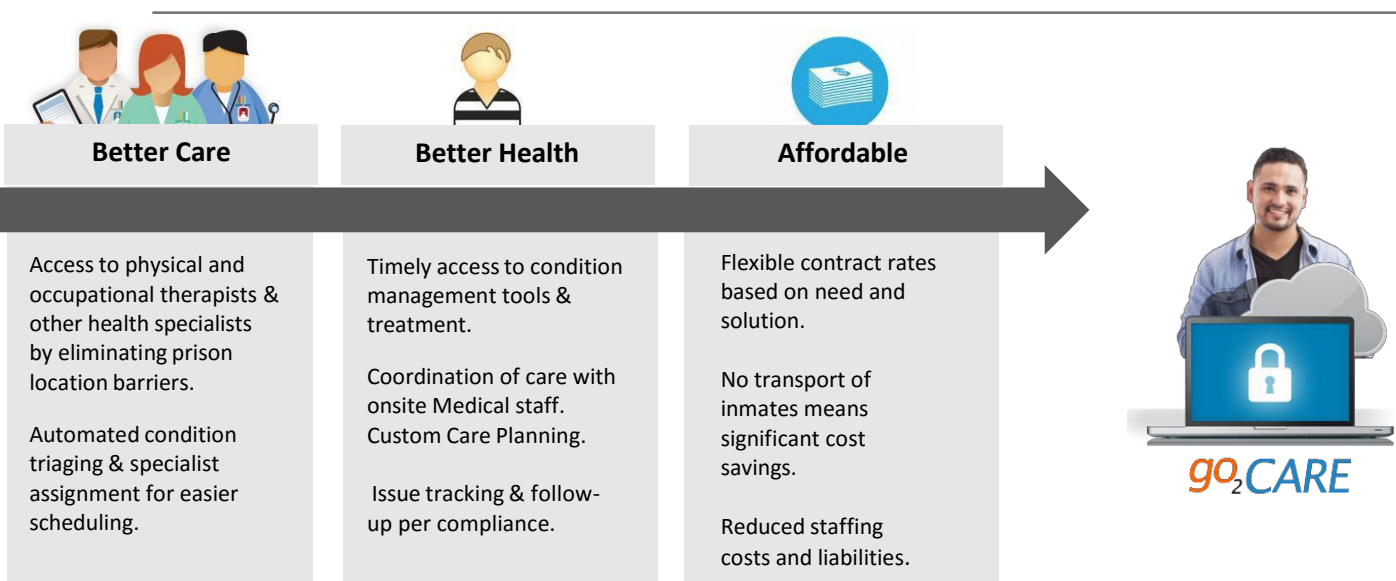
Go2Care provides virtual access to physical therapists, occupational therapists, and other rehabilitation health specialists through the use of everyday technology. Go2Care treats and manages common physical conditions remotely through the use of evidence-based applications.

## NETWORK

Our specialty provider network extends across all 50 states. State board language is not a requirement for application of telerehabilitation services. However, some states require first visit in-person.

## HOW IT WORKS

Go2Care uses an algorithm-based triage system to determine which health conditions are appropriate for self-service education, remote treatment, or referral to an on-site provider/standard medical system. This process creates a predictable, cost- efficient care management environment saving time and money while providing access to care.



## What can be addressed through virtual physical rehabilitation?

### COMMONLY TREATED POST-ACUTE CONDITIONS

1. **Chronic Disease Management** (Diabetes, COPD, Heart Disease, Depression)
2. **Non-Surgical Injuries** (Joint & Muscles, sprains and strains)
3. **Post-Surgical Orthopedic Conditions** (Spinal, Hip, Knee, Shoulder, and Hand)
4. **Pain Management** (acute, chronic, pre/post surgery or injury)
5. **General Medicine** (Post Amputation, Senior/Age related, Muscle Weakness, Balance, Self-care)
6. **Neurological** (Stroke Recovery, Parkinson's, Multiple Sclerosis, Dementia/Alzheimers)

# Runaway Costs

Go2Care saves on service utilization, staffing, scaling, and overhead costs.



## 32%

median increase in per inmate healthcare spending over 7 yrs

## 80%

Individuals over 55 years have 1+ chronic health condition. 800,000 inmates report 1+ chronic condition.

## \$475

Average guarding and transportation cost per offsite visit. Just part of overhead losses.

## 2.3

Million prisoners at 2016 census.

## SOLUTIONS

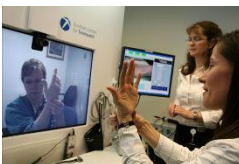
Go2Care services consist of indirect and direct condition treatment & health management, depending on case and contract appropriateness. Leverage our decision making algorithms to determine which inmate conditions are appropriate for virtual care. While most common prison rehab conditions can be addressed through Go2Care's platform, we can identify issue circumstances which are too complex for effective, remote treatment.



**Chronic Condition Packages are self service** programs for inmates. Condition specific protocols include fitness/exercise, body mechanics/positioning, joint protection and safety, modified self-care, and stress management, life/health coaching, and nutrition. The toolsets include Instructional Handouts; Electronic Attachments, Audio/Visual Demonstration and Health Management Guidelines.



**Direct Treatment Programs** includes initial condition triage, which determines appointment length and number of visits expected to provide best outcomes at lowest cost. Virtual Treatment can include: Evaluations, Injury/condition Instruction, Edema control, Pain management, Therapeutic Exercise Programs, Stretching, Compensatory Strategies, Care Plans, Acute Injury Solutions (first-aid based), Self-Care Modifications, Cognitive Training, Life/Health Coaching, Issue Tracking/Follow-Up and more.



**Care Plan Consultations.** Consultative access to our network of physical and occupational therapy and health professionals to improve inmate care planning without transfer costs or expensive on-site support. Topics include Post-Acute Care, Post-Operative Care, Durable Medical Equipment needs, Re-hospitalization prevention, Brace/walking devices selection, Fall Prevention, Brain Health, and more.

## Start accessing affordable Rehab solutions.

For information on program implementation, demos, cost, or any additional inquiries please contact Go2Care.



Go2Care  
8416 Alverstone Ave  
Los Angeles, CA 90045



310-612-1908



Follow on Facebook



contact@go2care.com



Videos on YouTube



Follow on Twitter